



MARRIAGE
Mastery
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Rabbi: If you are listening to this program, you are probably in a lot of pain. You had such high hopes for your relationship when you got married, and now the very person you love the most is hurting you the most.

Hi, I'm Rabbi Shlomo Slatkin, with my wife Rivka. The good news is that you are about to experience a program that will help you achieve the hopes and dreams that you once had for your marriage. I

imagine you may be skeptical that this program will really work. Perhaps you have already been to marriage therapy, listened to other programs and have not experienced success. Whether this is the first attempt at repairing your relationship, or one of many attempts, this program is different than anything you may have ever experienced. It is based on years of clinical experience working with couples, and it saved our own marriage.

Rivka: With 50% of marriages ending in divorce, the odds are against you; especially if you are an adult child of divorce, like me. Growing up witnessing my parents go through a painful divorce forever affected my life and my relationships. It was hard enough living in a house where both parents didn't get along, but the divorce didn't improve the situation. Contrary to what many believe, that divorce is better for the kids than staying together, my childhood was pretty miserable. The fighting didn't stop even when the marriage did. The anger increased and me and my siblings were stuck in the middle. Traveling back and forth to different parent houses, sometimes on a daily basis, was so stressful and destabilizing, when I would have rather been focusing on just being a kid.

When I grew up, I promised myself that when I would eventually meet my husband, I would finally create the home I wish I had growing up. After



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getting married though I realized it was easier said than done. Not witnessing a healthy marriage put me at a major disadvantage. I had to work so much harder to make my own marriage work. We thought we wouldn't repeat the mistakes that I saw in my own home. But when our first child came, the stresses of a newborn coupled with the typical stressors that young couples face brought out the worst in us.

Rabbi: So when I got to the point where I was feeling hurt and frustrated, I wanted to get help but Rivka didn't.

Rivka: I had seen my parents go through marriage counseling that didn't work, so I really wasn't interested.

Rabbi: Couples come to marriage with the same relationship patterns that parents model for them.

Rivka: When we would fight, my instinct was to run and leave.

Rabbi: My instinct was to pursue and resolve the issue. Our natural adaptations got us nowhere and created more conflict. We even fought about whether we should get help.

Rivka: Until I finally agreed to go to an Imago therapist.

Rabbi: We both heard from different friends who recommended this modality.

Rivka: The only thing that I knew was that it was safe and that it wouldn't be the screaming fest that my parents experienced during their own therapy. I realized I really didn't have a choice, because I had no healthy model for relationships; I had to go. I challenged myself to learn what I didn't know.



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Rabbi: And we are eternally grateful for finding the help we did. We were so impressed by how this transformed our relationship that I was determined to become an Imago therapist and help other couples who are also going through hard times. I continued to see the power of this work with my own couples and am determined to show as many couples as possible that their relationship can be better. That's why we created this product. We

want to be able to reach more people than those I have time to see in my practice.

Rivka: And we want to stop the epidemic of divorce. To save other children from having to go through what I went through. By saving one family at a time, we can help cure this epidemic and bring about more love and joy into this world.

Rabbi: We are excited for you to join us on this journey of growth and healing, and trust that your marriage can also be saved.